

Empowering Parents of children with Autism

Following a request from parents in 2018, a ten week support space was developed through SHEP. Some parents attending these support groups were inspired to envision a longer more in depth course while still wanting to avail of the unique support found from sharing with others on a similar journey.

In response to ongoing parent's requests, SHEP is now delighted to offer the course '**Empowering Parents of children with Autism**' comprising of 50 hours delivered as two & ^{1/2} hr weekly online sessions over 20 weeks through funding from the '**What Works 'Sharing Knowledge' Fund**'

Who is welcome to sign up?

Any parent or guardian of a child or adolescent with a diagnosis of Autism or presenting with the signs of autism awaiting assessment or navigating the pathway to assessment.

Course Content:

Two experienced SHEP facilitators will offer parents the opportunity to support each other as they explore and learn together, sharing the joys and challenges of parenting a child with Autism. Each child, parent and family are unique.

A child psychologist will attend two sessions within the course. This input aims to support the needs of the parents on this course, whether this might be answering questions or sharing the most up to date information on Autism.

There will also be input from a senior advocate and three parents having completed the Introduction to SHEP Advocacy training. These parents having children with autism themselves are well placed to support this group with self advocacy skills.

When will the group meet?

The group will meet online every Friday morning from 10.00 am to 12.30 p.m. beginning 23rd September. Participants are asked to commit to 20 weeks.

Facilitators: Rose Crowley and Karen Corcoran

How to join:

Complete the short Application form attached and return it to info@socialandhealth.com or for further information please visit www.socialandhealth.com.

Empowering Parents of children with Autism

Course Dates:

Session block 1:

1. 23rd Sept 2022
2. 30th Sept 2022
3. 7th Oct 2022
4. 14th Oct 2022
5. 21st Oct 2022
6. 28th Oct 2022

Mid Term: 4th Nov 2022

7. 11th Nov 2022
8. 18th Nov 2022
9. 25th Nov 2022
10. 2nd Dec 2022
11. 9th Dec 2022
12. 16th Dec 2022

Christmas Break

Session block 2:

13. 13th Jan 2023
14. 20th Jan 2023
15. 27th Jan 2023
16. 3rd Feb 2023
17. 10th Feb 2023

Mid Term: 17th Feb 2023

18. 24th Feb 2023
19. 3rd March 2023
20. 10th March 2023