

Overview of The Therapeutic Support Programme

An Overview of the Therapeutic Support Services Programme The Therapeutic Support Services developed over a number of years as the Project sought to respond to those whose needs could not be adequately addressed through its training and development programmes. As well as recognising its value as a means of promoting mental wellbeing, the Project regards therapeutic support as contributing to the social inclusion of those whose marginalisation results from specific psycho-social obstacles. The Project offers individual, couple, family and group counselling, psychotherapist-supported training, group support and advocacy services. Consultation services are also provided in these respective fields, as well as professional supervision for practitioners. In delivering its Therapeutic Support Services, the Project collaborates with other concerned agencies and seeks always to adapt its programmes to the specific needs of those involved.