

Training and Advisory Team

Training and Advisory Team

Note: We know that it will sometimes be necessary to amend the details listed below as those concerned take on new areas of work or acquire additional qualifications. Please help us by providing up-to-date information whenever changes need to be made.

Claire Barry trained in social and health education and group-work with SHEP and has extensive experience of running community courses in family communication, self-esteem, assertive communication and women's health. She trained in awareness therapy with the Irish School of Awareness Therapy and is an accredited member of IAHIP. She also works on a part-time basis with CURA.

Una Bennett worked for many years as a nurse. She trained with SHEP and then as a therapist with the Irish Gestalt Centre. She is an accredited member of IACT.

Noel Bradley D.D., M.A. has had wide experience of personal and community development work in Africa and in Ireland. He is a Training for Transformation facilitator. He is also a trained spiritual director and life coach and also works with "The Transformation Game" process and the "Frameworks for Change" process.

Albie Browne trained in social and health education and group-work with SHEP and in Gestalt Therapy with the Irish Gestalt Centre.

Kathleen Browne trained in group-work and facilitation with SHEP and in psychotherapy with the Irish School of Awareness Therapy and the Irish Gestalt Centre.

Nuala Burke trained with SHEP before training as a therapist with the Irish Gestalt Centre. She is accredited with IACT.

Mary Carey trained in social and health education and group work with SHEP and in psychotherapy with the Irish School of Awareness Therapy. She has a special interest in group work – Personal Development, Assertive Communication and Family Communication and is an accredited member of the Irish Association of Humanistic and Integrative Psychotherapy.

Helen Casey trained with SHEP in social and health education and group-work. She also undertook specialised tutor training in Personal Development and Supporting Family Relationships. She holds a Diploma in Applied Social Studies in Counselling from CIT, as well as a Diploma in Psychotherapy from the Flatstone Institute. She is a fully accredited member of the IACP.

Una Coakley B.Soc.Sc., M.A. worked as a social worker in the adoption field for ten years. She trained in group-work and facilitation skills with SHEP. She then trained in Psychodynamic Psychotherapy at UCC before completing a Master's degree in Integrative Therapy at the Metanoia Institute in London.

Rosarie Coleman trained in social and health education and group-work, personal development, women's health and wellbeing, assertive communication and family communication with SHEP. She trained as a psychotherapist with the Irish School of Awareness Therapy and also trained in Family Systems Therapy with the Hellinger Institute of Ireland. She is an accredited member of the Irish Association of Humanistic and Integrative Psychotherapy. She currently practises as a therapist, a group trainer and a facilitator and she works as a Community Health Worker.

Terry Coleman trained in group-work and facilitation, Lifewise, assertive communication, family communication and men's health with SHEP. Since 1990, he has worked locally, nationally and internationally as a Training for Transformation facilitator with Partners. He trained in Counselling, Psychotherapy and Personal Development and has a Diploma in Psychotherapy from the Flatstone Institute. He trained in Family Systems Therapy with the Hellinger Institute of Ireland. He is an accredited member of the Irish Association of Humanistic and Integrative Psychotherapy and practises as a psycho-therapist and group facilitator.

Freda Creedon has a background in nursing. She trained in social and health education and group-work with SHEP and as a Gestalt therapist with the Irish Gestalt Centre. She is currently working as a psychotherapist.

Marian Crowley trained in social and health education and group-work with SHEP and in therapy with the Irish School of Awareness Therapy. She is an accredited member of the Irish Association of Humanistic and Integrative Psychotherapy and is registered with the European Council for Psychotherapy.

Frances Day B.Ed., M.A. (Hons) worked for many years as a secondary teacher and is currently working as a chaplain and counsellor in school and in private practice. She has worked in many areas of counselling and facilitation. Having trained as a therapist and supervisor with the Irish Gestalt Centre, she later did a Masters in Pastoral Counselling in Loyola University, Chicago, USA.

Frank Dorr M.A. worked for some years as a primary teacher. He then lectured in philosophy at UCC. He was a volunteer with SHEP from 1981 to 1986 and Director from 1986 to 2004. He trained in Gestalt Therapy and Integrative Psychotherapy and is an accredited member of IAHIP. He has published a number of articles on health education and co-authored a number of handbooks of experiential learning materials which have been published by the Project.

Patricia Dwyer works as a social worker with the Health Service Executive. She trained in social and health education with SHEP and is a qualified counsellor.

Marguerite Falvey trained with SHEP in social and personal health education, group-work, assertive communication, women's health and the wellbeing and the empowerment of older people. She has a Diploma in Social and Personal Health Psychology from UCC and a Postgraduate Diploma from Middlesex in Psychosynthesis as applied to social and personal health education. She holds a Higher Diploma in Psychodynamic Psychotherapy and has completed a year in Group Analytic Psychotherapy with the Institute for Group Analysis, Dublin. She is a registered Community Tutor with the Project and also has experience as an adult literacy tutor.

Aine Finn M.A., B.A., H.Dip. Ed., D.G.C. works as a guidance counsellor at post-primary level. She has trained in group work and facilitation, family communication, bullying awareness and intercultural awareness with SHEP. She has worked for many years with the Cork Domestic Violence Project. She completed the M.A. degree in Integrative Psychotherapy and she works part-time in private practice.

Aileen Fitzgerald worked for many years as a teacher and guidance counsellor and has a strong interest in experiential learning and personal development, having worked with the Dept. of Education and Science as a teacher trainer in Social, Personal and Health Education. Having trained in group-work and facilitation with SHEP, she qualified as a Gestalt psychotherapist in U.C.C. before doing her Masters Degree in Education with the University of Hull, specialising in facilitation and groupwork training. A Gestalt psychotherapist, she is an accredited member and supervisor with IACP, working in private practice.

Kathleen Greaney worked for many years as a nurse. She trained in social and health education with SHEP and undertook additional training in counselling. She is an Intercultural Awareness Tutor.

Patricia Good R.G.N., S.C.M. worked for many years as

a nurse. She now works in Health Promotion with the Health Service Executive. She trained in social and health education with SHEP and in therapy with the Irish School of Awareness Therapy. Una Good trained in facilitation and undertook specialised tutor training with SHEP. She works as a psychotherapist and is a fully accredited member of the Irish Association of Humanistic and Integrative Psychotherapy. Carmel Hamill B.Soc.Sc., D.S.J. is a Little Sister of the Assumption who has been working in community development in Mahon for a number of years. She trained in group-work with SHEP and then as a Gestalt therapist, both with the Irish Gestalt Centre and with Robert Hall in California. She is a founder member of Hellinger Institute of Ireland. Ann Jackson trained in group-work with SHEP and has worked for many years as an Assertive Communication trainer with Foundation Part One training groups. Jacqueline Kelleher B.A. Physical Ed. works part-time as a second-level teacher. She trained in group-work and as a personal development tutor with the Project, in psychotherapy with the Irish Gestalt Centre, and also completed the Laban Community Dance training. She has worked as a Body Awareness trainer with the Project since 1997. Jean Kelleher trained in group-work, family communication, personal development, and assertive communication with SHEP. She also completed a Certificate in Therapy with the Flatstone Institute. Mary Kelleher trained in group-work with SHEP. She also trained in psychotherapy with the Irish Gestalt Centre. She is an accredited member of the Irish Association of Humanistic and Integrative Psychotherapy. Ben Kimmerling was a teacher of home-economics before becoming a freelance group-facilitator and a Training for Transformation field-worker with Partners. She is a writer in the area of feminism and theology. Mary Lane R.G.N. trained with SHEP in group-work, assertive communication, women's health and wellbeing, stress management, and older people's health, wellbeing and empowerment. She worked for many years as a public health nurse and home help organiser. Between 1995 and 2006, she served in the Project as Programme Administrator, community tutor, and trainer. She practises as an aromatherapist. Eliz Langford trained with SHEP in group-work and group-facilitation. She qualified as a psychotherapist with the Flatstone Institute and is an accredited member of the Irish Association of Humanistic and Integrative Psychotherapy. She undertook further training with the Hellinger Institute of Ireland. Mairead Linden S.R.N., S.C.M., is a Little Sister of the Assumption who worked for many years as a district nurse and later in community development. She trained in group-work with SHEP and then as a Gestalt therapist with the Irish Gestalt Centre. She also trained in Family Systems therapy at Zist in Germany. She is an accredited member of IAHIP and is ECP registered. Eileen Lynch S.R.N., S.C.M., B.A. (Psych) worked for a number of years as a nurse in Ireland, England and Germany and went on to train as a psychologist. She worked with the Project as Education and Training Officer from 1986 to 2005, (and prior to that with The Social and Health Education Programme of Ogra Chorcaigh). She holds Diplomas in Gestalt Therapy and Integrative Psychotherapy and is an accredited member of IAHIP. She co-authored a number of handbooks of experiential learning materials which have been published by the Project. Albert McCarthy trained in group-work with the Project and in psychotherapy with the Flatstone Institute. He holds a Higher Diploma in Integrative Psychotherapy from U.C.C. and is an accredited member of the Irish Association of Humanistic and Integrative Psychotherapy. He has a particular interest in working with men's groups. Kevin McCaughey has worked for a number of years in community development and has particular experience of justice-oriented work with the Traveller community. He served as Coordinator of West Cork Traveller Centre and worked with the Traveller Visibility Group. Kevin completed the UCC Masters programme in Group Facilitation. He is a member of the course team for SHEP's Organisational Development Facilitation training programme. He is also a member of the SHEP Management Committee. Margaret Murphy completed extensive tutor training with SHEP and is also an accredited member of the Irish Association of Counselling and Psychotherapy, working in private practice in Cork. Julie Murphy served for seven years as Coordinator of Ballyphehane/Togher CDP and now works as a Community Worker with the HSE. She completed a range of courses with SHEP also undertook a generic mediation skills course with the Mediators' Institute of Ireland. She holds a B.A.(Hons) degree in Philosophy and Sociology from UCC and a Certificate in Equality Studies from UCD. She has worked as an independent community/organisational development consultant and as a lecturer in adult education at UCC and in community education at CIT. She is a member of the course team for the Project's Organisational Development Facilitation training programme. Claire Murray worked for many years as a guidance counsellor. She now works as a therapist and as a trainer of therapists in the Flatstone Institute, which she co-founded. She trained with the Irish Gestalt Centre, with the Institute of Integrative Psychotherapy and with Paul Rebillot. Eileen O'Brien completed a number of SHEP tutor training programmes from 1990-1997 and worked as a tutor/facilitator in a variety of areas over 15 years. She subsequently completed a B.A. in Counselling and Integrative Psychotherapy in CIT. She also undertook a three-year training in Family Systems based on the work of Bert Hellinger and a training in Reality Therapy with the Glasser Institute of Ireland. For a number of years she worked in the training of counsellors at CIT. She is currently Director of Churchfield Community Trust, a community based project for young men in recovery from addiction. Geraldine O'Connell trained in social and health education and group work with SHEP, has completed the Diploma in Social and Personal Health Psychology in 2008 and more recently has emerged through an apprenticeship process as a trainer on SHEP's Foundation Part two programme. She is an experienced tutor in Assertive Communication and a big part of her work also involves facilitating dance and movement sessions with a variety of groups. Geraldine is a volunteer Advocate with the Cork Advocacy Service and a member of the new SHEP Playback Group. Marie O'Connor trained in group-work, family communication, assertive communication, women's health and wellbeing and Lifewise with SHEP. She is an accredited member of the British Association for Sexual and Relationship Therapy and of the United Kingdom Council for Psychotherapy. She practises as a facilitator with the Project and with the H.S.E. Meg O'Gorman trained in social and health education with SHEP and is a registered Community Tutor in Assertive Communication and Self Esteem. She holds a Diploma in Integrative Psychotherapy from the Institute of Integrative Psychotherapy (Turning Point) in Dublin and trained in C.I.S.D. She works as a humanistic, integrative psychotherapist and is an accredited member of the Irish Association of Humanistic and Integrative Psychotherapy and the Irish Association of Counselling and Psychotherapy. John

O'Leary trained in social and health education and as a tutor in Assertive Communication and Family Communication with SHEP. He also trained in integrative psychotherapy with the Flatstone Institute and completed the H.Dip. in psychodynamic psychotherapy at UCC. He practises as a therapist in Cork. Ann O'Mahony trained in social and health education, group-work, family communication and assertive communication with SHEP and in psychotherapy with the Flatstone Institute. She is an accredited member of the Irish Association of Humanistic and Integrative Psychotherapy. John O'Mahony trained in social and health education with SHEP, undertaking courses in group-work, family communication, assertive communication, personal development and stress management. He has worked as a Community Tutor, especially with men's groups. He trained as a therapist with the Irish School of Awareness Therapy and is an accredited member of the Irish Association of Humanistic and Integrative Psychotherapy. Deirdre O'Sullivan B.A. (Couns. and Psych.) trained in group-work with SHEP, and in counselling and psychotherapy in C.I.T. She is currently working as a clinical nurse specialist in early intervention and is also a trained holistic therapist. Mary O'Shea trained in group-work with SHEP and has worked as an Assertive Communication Trainer with Foundation Part One training groups for many years. Maureen Sheehy has spent many years working in communications and community development in both Africa and Ireland. She is a Training for Transformation facilitator with Partners. Anna Slattery trained in group-work, family communication, personal development and assertive communication with SHEP. She also completed the Diploma in Integrative and Humanistic Psychotherapy with the Flatstone Institute. She is an accredited member of the Irish Association of Humanistic and Integrative Psychotherapy, as well as an accredited family mediator with the Mediation Institute of Ireland. George Wallace trained in social and health education and group-work with SHEP and as a Gestalt Therapist with the Irish Gestalt Centre. He currently practises as a therapist and group facilitator.