

Continuing Personal Development Course

Continuing Personal Development Course The Continuing Personal Development Course is provided for those who feel a need to consolidate the learning arising from their participation in Parts One and Two of the Foundation Training Programme. They may apply to take this course after they have completed the Foundation Part Two course. The course involves intensive exploration of personal issues. The course consists of weekly evening sessions of 2½ hours between January and early December (around 31 sessions in all), as well as 6 weekend day workshops of 7 hours (Saturdays or Sundays). Normally there are around 16 participants in each group.